

Week 6 Checklist

Check the boxes for everything you've already done!
Then use the course to fill in the gaps.

How to use the checklist:

1. Check the box for everything you've already completed in your job search.
2. Go into the course to get help with the things you have not done (or don't understand)

Do you have a lot of empty boxes (unchecked / not completed)?

That's why you are here! You are BOUND to have some empty boxes, and we've got all the answers and easy exercises you need to get those things done! Jump into Week 1 content, and you'll find it right away.

Key Exercises are **highlighted in red**



Week 6 Checklist

- I am using my **Daily Action Tracker** to track my activity
- I know what the **4 biggest barriers** are to my success
- I have answers to the **5 core questions**
- Over 40: I know why my **age is an advantage**
- I understand the 7 concerns about the "over 50" crowd
- I know how to "age-proof" my resume & LinkedIn profile
- I know what's in my **circle of control vs. just concern**
- I have **found my "why"** (personal motivators)
- I have identified my most **limiting beliefs**
- I have made a list of my **GOOD beliefs**