

# The Priority Scorecard

*“In order to say yes to your priorities you have to be willing to say no to something else.” - Brilliant author unknown*

I was in my dream job when I got laid off. I was heartbroken, and it took me years to understand the grieving process I had gone through at the time. A few years later, I turned down the promotion I’d been dreaming about for 9 YEARS ... because my family needed me, and I couldn’t do it all. I had two babies in diapers, a mother who was dying and a dad who was bedridden after a massive stroke. I simply couldn’t keep all the balls in the air. So, I turned down the promotion and quit my job. I cried all the way home, then started my own business. The ONLY thing that stopped me from being sad that time around ... and got me hopeful (and even happy) about my present & future career decisions was this scorecard I built for myself. Until I did this exercise, I could not separate myself from my hunger and sadness of the dream that had just died. I had worked 9 really long, HARD years to earn that role. This scorecard gave me the gift of looking objectively at what REALLY mattered most in my life. Turns out that the big fancy job wasn’t nearly as important to me as being a good mother, wife and daughter ... then and now. I chose a career path that would support my priorities. Every time I got sad about my choices, I pulled my scorecard out and my sadness melted away. I am so thankful I made the choices I made. Let this scorecard do the same for you. Use it to figure out what matters most to you in your life right now. Because you ... and the ones you love ... are worth it. – Cat

P.S. Your grief is real. Stop to acknowledge that you are sad about some things. Sad that you need a new job. Sad that your plans have changed. If you lost your job, the grief is even deeper. Go watch my video on “Mindset matters: to understand more about the job transition process ... and how it is affecting you. Be kind to yourself. Give yourself some grace along this journey... because you need it and you deserve it.

P.S. If you don’t understand how to do this, go watch my video called “Priority Scorecard.”



## The priority scorecard

Value + Ranking (10 = most important attribute for you)	What I want. What matters most to you? Meaningful work? Pay? Culture? Short commute? No travel? Chance to grow? Chance to get promoted? Training? Benefits? Great boss? Feeling valued? Being part of a great team? <i>BE VERY SPECIFIC ABOUT WHAT YOU WANT! DEFINE A GREAT BOSS, GREAT CULTURE, etc. Be specific about how much money you want ... and where that falls on your list of priorities.</i>	Current job: <b>YES I have it.</b> Give each thing you DO have in your current job a positive value. +10, +9, +8 etc.	Current job: <b>NO I don't have it</b> Give each thing you DO NOT HAVE a NEGATIVE number -10, -9, -8 etc.	OPTION #1 Give each thing you WILL GET in new job a positive value. +10, +9, +8 etc.	OPTION #1 Give each thing you WILL NOT GET a NEGATIVE number -10, -9, -8 etc.	OPTION #2 Give each thing you WILL GET a positive value. +10, +9, +8 etc.	OPTION #2 Give each thing you WILL NOT GET a NEGATIVE number -10, -9, -8 etc.
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FINAL SCORE							