

OVER 40?

Your Age is Your Advantage. Embrace It!

“Facing your fears robs them of their power” ~ Mark Burnett

The 2 most important questions

- 1. Too old for what?** Are you over 40 and want to be an Olympic athlete? I’m afraid that ship has probably sailed. However, if you want to participate in the Olympic INDUSTRY in some capacity, you are never going to be too old for that! My dad became a docent (tour guide) in an Air & Space museum, working alongside retired astronauts, at the age of 67. he was in hog heaven! It’s never too late to spin in the circles you are dreaming of. The question is this: What, EXACTLY, do you want to do?” And are you *really* too old for that? If so, is there another job you could do in the same space that would bring you just as much joy?
- 2. Says who?** Please be careful to check the advice and fear you’re hearing ... and see who it is coming from. Is it coming from a recruiter or hiring manager who actually hires (or does not hire) people over 40? Or, is it coming from a magazine that wants to sell as many copies as possible? Or, from your unemployed friend who is terrified she will never get a job? Please make sure your advice and feedback are coming from people who can help you figure out if age discrimination is REALLY what’s going on.