

Find your why

Motivating factors

“No matter what people tell you, words and ideas can change the world.” – Robin Williams

Find something worth fighting for. No matter how much I tell myself “You’re worth it,” and “you’re good enough,” I still get the wash of anxiety and negative nellyes in my head every time I’m about to step up and do something big in my life.

I also hear my mother saying, “Who do you think you are?” and “Just be grateful for everything you have.” It’s tough to demand more when those voices are screaming in your head. Instead of trying to fight them off, I discovered that finding a motivator bigger than me to be VERY motivating. I think you’ll find the same. Here are some of the things that have been my big motivators over the years:

- ✓ More TIME with my family. When I ask for more money, I can afford to take more time off.
- ✓ More fabulous VACATIONS with my family.
- ✓ 6 MONTHS OF SAVINGS IN THE BANK. The day I hit this, I slept better.
- ✓ DEBT-FREE LIVING. It worked! I became debt-free at 40! That seemed unattainable to me at 30, but I did it ... because I kept that dream in my sights every time I did scary things.
- ✓ Early retirement.
- ✓ A new car. A new boat.
- ✓ You get the idea!



What’s worth fighting for in your life?

What are three things that a great new job will give you in your life?

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